

Fear...not!

Questions:

1. What does it mean to be afraid?
2. What are some things you are afraid of?
3. Is there someone or something that makes you feel better when you are afraid?

Let's see what the Bible says about being afraid:

1. 1 John 4:18
2. Luke 12:22-26
3. Isaiah 41:10

What do these verses tell us about our fear and worries?

Optional Activities:

1: Fear Hopscotch

Object: Shows that God's love is bigger than any fear we have

Materials: Chalk, rock(per child), marker to write on rock

Activity:

1. Draw a hopscotch course on sidewalk or driveway
2. Have child(or parent) write one thing the child is afraid of on their rock
3. Throw rock onto hopscotch course
4. Jump through course not landing on the one with the rock(repeat for each child)
5. Ask: "how many squares did you avoid?" (answer:1)/ how many did you land on(answer:9)
6. Explain: "The other 9 squares were all examples of God's love, isn't it great that God loves us and is with us all the time. His love is greater than any fear we have"

2: <https://www.youtube.com/watch?v=KUuY0MchpEQ>

Watch this video either as a family or before hand do your own version at home.

3: "Do Not Be Afraid" Craft

1. Take white paper and write "Do Not Be Afraid" as big as you want with a white crayon
2. Use Water Colors to paint over your words
3. Let Dry and hang up for all to see

4: Pray

"Dear God, thank you for today. Thank you that your love is greater than our fears. Please be with all those who are afraid right now. Amen."

https://sermons4kids.com/when_afraid_group_activities.htm